

MEDICAL RELEASE FORM

I hereby authorize my child's participation in the **SPORTS PLUS DAY CAMP**.

I know of no mental or physical problems which may affect my child's ability to safely participate and the camp staff is authorized to attend to any health problem or injury which may occur while attending camp.

I understand that my child must have current and active medical insurance before they can attend camp.

Neither I nor my child will hold **SPORTS PLUS DAY CAMP** or its staff liable for any injuries or expenses relating to injuries while my child is at camp.

NAME OF CHILD'S MEDICAL
INSURANCE COMPANY:

POLICY NUMBER:

Parent or Guardian Signature

Date

SPORTS PLUS DAY CAMP

PO BOX 91635
Portland, OR 97291
(503) 972-8190



**A UNIQUE SUMMER PROGRAM
GEARED TO YOUR CHILD'S
PHYSICAL AND SOCIAL
DEVELOPMENT**

**BOYS AND GIRLS
AGES 7 – 14**

**SESSION ONE: JUNE 24 – JULY 5
SESSION TWO: JULY 8 – JULY 19
SESSION THREE: JULY 22 – AUGUST 2
ST. PIUS X SCHOOL
SMOLUCH GYMNASIUM
1260 N.W. SALTZMAN RD.
PORTLAND, OR 97229**

**SESSION FOUR: AUGUST 5 – AUGUST 9
CEDAR MILL ELEMENTARY SCHOOL
10265 N.W. CORNELL RD.
PORTLAND, OREGON 97229**

**MONDAY THROUGH FRIDAY
9:00 a.m. – 4:00 p.m.**

**FOR MORE INFORMATION
CALL: (503) 972-8190**

www.sportsplusdaycamporegon.com

DEAR PARENTS,

Thank you for your interest in the **SPORTS PLUS DAY CAMP** Program.

This is a unique program for boys and girls between the ages of 7 - 14 years old, specializing in BASEBALL, BASKETBALL, FOOTBALL, GOLF, SOCCER, SOFTBALL, TEAM HANDBALL, AND VOLLEYBALL.

Each day, from 9:00am to 12:15pm, your child will receive individualized, as well as, group instruction in a particular selected sport.

They will learn various skills, strategies, and techniques, enabling them to become a better all around athlete.

The afternoon activities from 1:15pm to 3:45pm, will be selected by your child from a Choice Sheet.

They will receive a new sheet from week to week so that they may make changes in their daily choices. (A sample Choice Sheet is enclosed).

I am sure your child will enjoy this summer experience as much as I will enjoy instructing them.

Sincerely,

Chris Marino
CAMP DIRECTOR

CAMP DIRECTOR: CHRIS MARINO

Chris Marino is presently a Physical Education Instructor at Cedar Mill Elementary School and West TV Elementary School and has over 12 years high school coaching experience.

He has over twenty six years of camp experience, ten years as the Athletic Director for Horizon Day Camp in New York and sixteen years as Camp Director for Sports Plus.

CAMP COST

Any two weeks – \$330
One week – \$170
Week of 7/1-7/5 - \$140
(two week session including 7/1-7/5 - \$300)

Early registration before May 1, 2013

Any two weeks – \$305
One week – \$160
Week of 7/1-7/5 - \$135
(two week session including 7/1-7/5 - \$280)

* Sibling discount – \$10 per each additional child

A nonrefundable deposit of \$50 must be submitted at time of registration for each child.
Balance is due no later than June 14, 2013.

Make Checks Payable To:

SPORTS PLUS DAY CAMP

SAMPLE DAILY ACTIVITY SCHEDULE

9:00am – 9:15am	Arrive and assemble in Gymnasium
9:15am – 9:30am	Warm-up Time
9:30am – 10:30am	Instruction, guest speakers, demonstration and skilled practices in scheduled sport activity
10:30am – 10:45am	Supervised Break
10:45am – 12:15pm	Game play, tournaments, contests & special events
12:15pm – 1:00pm	*LUNCH* (see below)
1:00pm – 1:15pm	Assemble in Gym
1:15pm – 2:25pm	Period One Activity (selected from Choice Sheet)
2:25pm – 2:35pm	Assemble in Gym
2:35pm – 3:45pm	Period Two Activity (selected from Choice Sheet)
3:45pm – 4:00pm	Conclusion in Gymnasium and Dismissal

IMPORTANT INFORMATION

* Campers are to provide their own bagged lunch and beverage (Lunches will be refrigerated)

REGISTRATION FORM

CHILD'S NAME: _____

AGE: _____ GRADE (NEXT FALL): _____

PARENT'S NAME: _____

ADDRESS: _____

CITY: _____

STATE: _____ ZIP: _____

HOME PHONE #: () _____

CELL PHONE #: () _____

EMAIL: _____

EMERGENCY CONTACT: _____

PHONE #: () _____

ALL CAMPERS WILL RECEIVE A COMPLIMENTARY SPORTS PLUS TEE SHIRT FOR ATTENDING CAMP.

SESSIONS

PLEASE CHECK APPROPRIATE SESSION(S):

*ONE WEEK ENROLLMENT IS AVAILABLE FOR ALL SESSIONS

SESSION ONE:
(ST. PIUS X) ☐ 6/24 – 7/5
NO CAMP ON 7/4

SESSION TWO:
(ST. PIUS X) ☐ 7/8 – 7/19

SESSION THREE:
(ST. PIUS X) ☐ 7/22 – 8/2

SESSION FOUR:
(CEDAR MILL) ☐ 8/5 – 8/9
SPECIAL ONE WEEK

ENCLOSED IS MY DEPOSIT OF \$50.00 MADE PAYABLE TO:

SPORTS PLUS DAY CAMP

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Portland, OR 97291

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TEAR OFF HERE AND MAIL